

## SELECTED PROGRAMS

Here are a few programs that I do. If you are looking for something specific in relation to one of these presentations, contact me and I will be happy to customize a program to fit you and your organizational needs. In addition to specific programs, I am also available for consultations on issues of inclusion in policy work, curriculum development, facilitator training, organizational culture, and group/team development.

### **I Thought You Couldn't Say 'Queer'?**

This presentation offers a candid look at concepts surrounding the lives for those who identify as lesbian, gay, bisexual, transgender, and other identities having to do with sexual orientation, gender identity and gender expression. This workshop is good for groups that anticipate working with LGBT communities. Topics covered in this workshop are LGBT history, symbols and definitions, identity/identity development theory, transgender identity, and intersections of identities.

### **Can We Talk? Conversations about Tough Topics**

This workshop explores the dynamics of engaging colleagues and coworkers in authentic dialogue around difficult topics such as race, sexual orientation, and gender. We are often taught we shouldn't talk about such issues, but I argue that these are parts of ourselves that make us who we are. I offer ways of looking at these conversations as opportunities to reach a deeper level of understanding and move from fear to appreciation. Topics covered are social identity and saliency, intercultural sensitivity, community principles, and tips on moving conversations forward.

### **It Starts with Me! A Grounding to Inclusion**

This workshop is meant to serve as a foundation to further conversations around diversity and social justice. *It Starts with Me!* is a curriculum based on the premise that if we want to build inclusive environments, then the process must start with the individual self. This workshop is highly interactive, and offers opportunity for small group dialogues, large group conversations, and self-reflection. Topics covered in this workshop are social identity and saliency, systems of oppression, concepts of privilege, and how to be an ally. This workshop is good for residence life and orientation staffs, and other groups wanting a foundation to build on social justice conversations.

### **Am I the Only One? Building on Minority Success**

This workshop is specifically geared for communities of color or other minority groups where finding community can be challenging. Participants are exposed to different theoretical identity and identity development models, as well as given an opportunity to tell their own story of being a person of color at a predominately White institution. The workshop relies heavily on the development of the personal narrative, and participants will be given several opportunities to find their own story. Participants will learn different ways they can respond to subtle and overt forms of racism, with a particular focus on "finding the pause" in a situation. Finally, participants will explore ways to keep themselves whole.